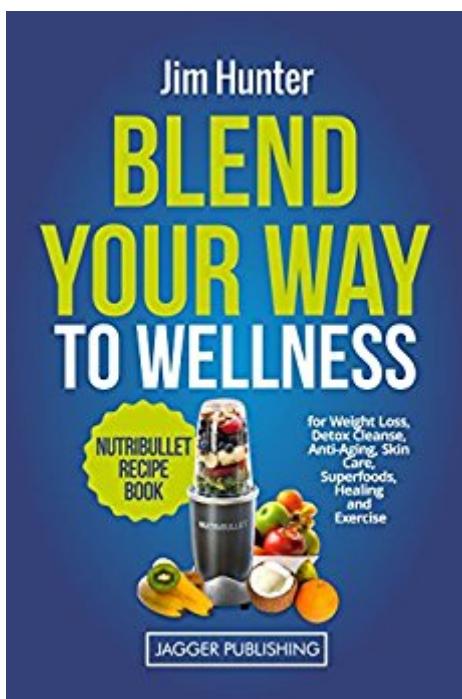


The book was found

Blend Your Way To Wellness: Nutribullet Recipe Book For Weight Loss, Detox Cleanse, Anti-Aging, Skin Care, Superfoods, Healing And Exercise (Nutribullet ... Juicing, Weight Loss, Cookbook, Smoothies)



Synopsis

The Nutribullet extractor can be a powerful tool for transforming ordinary food into superfoods. But it will only be as good as what you put into it. That's why Blend Your Way To Wellness: Nutribullet Recipes Book for Weight Loss, Detox Cleanse, Anti-Aging, Skin Care, Superfoods, Healing and Exercise is here to help. With Nutribullet Recipes, you'll be able to make the delicious health food you need. Nutribullet Recipes features easy, yummy blends like: Almond Butter Banana Shake and Fuchsia Filler Upper for weight loss; Pineapple Purifier and Blueberry Booster for detox; Pumpkin Seed Power-Up and Green Tea Berry Smoothie for energy; Decadent Cheesecake Shake and Mocha Butterscotch Blast for exercise power; Avocado Age Reverser and Dark Chocolate Shake to roll back that clock; Kiwi Miracle Punch and Chickpea Beautifier for beautiful skin; Figure Flattering Fig Smoothie and Strawberry Yogurt Yum to lower diabetes risk; Mango Morning Slurp and Carrot Kale Appetite Crusher for a complete meal; And many more! Grab Blend Your Way to Wellness today, and power up that Nutribullet so you can power up your health!

Book Information

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Customer Reviews

Truly excellent recipes! I've been making smoothies and juices for the past few months and after trying out different recipes I've been looking for fresh and new recipes to try. This book is chock full of delicious recipes and ideas that have really made this healthy habit even better and more exciting. I've also seen my health and energy levels go through the roof since eating healthier with these types of recipes. Definitely try this book out if you're looking to blend your way to wellness and vibrant health!

I only have like one or two smoothie recipes and I'm really getting used to their tastes. The good thing is that, I got this amazing book that provides amazing and easy recipes for my nutribullet. I love it

I was so tired of all the bland eating options for my diet. A friend at work suggested I start juicing, but honestly wasn't sure where to begin. This book helped me with everything I needed to know about blending and making tasty options that you'll be sure to love. I highly recommend for those on a similar diet.

I am so excited about these recipes! I just got a bullet not that long ago and have been searching for a great book that has everything all in one place. I tried several of them and can attest that the fruit ones are outstanding!

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